



Sag, Drag & Fall

Choreographed by Frank Trace

Description: 32 count, 4 wall, beginner line dance

Music: Sag, Drag, & Fall by Sid King & The Five Strings [CD: Ain't I'm A Dog / Available on iTunes]

Wastin' Time With You by Carlene Carter [185 bpm / Little Love Letters / Available on iTunes]

Start dancing on lyrics

DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF, DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

1-4 Step right diagonally forward, slide/step left together, step right diagonally forward, scuff left forward

5-8 Step left diagonally forward, slide/step right together, step left diagonally forward, scuff right forward

STEP SCUFFS MAKING "ARC" PATTERN

1-8 Step right forward, scuff left, step left forward, scuff right, step right forward, scuff left, step left forward, scuff right (3:00)

As you do the step scuffs you are making an "arc" pattern doing a 1/2 turn left ending at the 3:00 wall

TOE STRUT JAZZ BOX

1-4 Cross right toe over left, drop right heel, step left toe back, drop left heel

5-8 Step right toe to side, drop right heel, step left toe slightly forward, drop left heel

FORWARD STEP, SLIDE, STEP, HOLD, STEP, 1/2 PIVOT, STEP, HOLD

1-4 Step right forward, slide/step left together, step right forward, hold

5-8 Step left forward, turn 1/2 right (weight to right), step left forward, hold (9:00)

REPEAT

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